



Salem Millstream Knitting Guild

NEWSLETTER

APRIL 2023

March 2024 Meeting

Our guest was Paco Hadley, who shared a PowerPoint on the ancient fiber art of nålbinding. In addition to his presentation, he showed us many of the pieces he has designed and created as he's practiced the craft.

Nålbinding (depending on the source, it's Danish or Norwegian for "binding with a needle" or "needle-binding") is even older than knitting or crochet but the finished fabric can resemble that made using these methods of working yarn. Examples of nålbinding from many thousands of years ago have been unearthed in Scandinavia, Egypt, South America, and in Viking settlements in Europe, yet the craft is still in use in many countries today.

The technique uses lengths of yarn (rather than a continuous strand) and a single needle. This "nål," which is several inches long with a hole near one end, is often broad and flat and historically made from bone or wood. It is threaded with the yarn and passed through loops in a specific sequence, forming an elastic fabric that can be crafted into textiles and items of clothing. There are hundreds of nålbinding stitches available.



Show & Tell



INFORMATION FOR SHOW & TELL
PLEASE PRINT

YOUR NAME: SANDY GAUBERTH

PATTERN NAME: BEANIE

WHERE IS THE PATTERN AVAILABLE?
Free Knitting Patterns

WHAT YARN DID YOU USE?
Red Heart Super Saver



INFORMATION FOR SHOW & TELL
PLEASE PRINT

YOUR NAME: Ally Gaudert

PATTERN NAME: Check-out-socks -
Showering of Daisies

WHAT YARN DID YOU USE?
Color is "Dust" by
Dark Barber on
YouTube

INFORMATION FOR SHOW & TELL
PLEASE PRINT

YOUR NAME: SANDY GAUBERTH

PATTERN NAME: RETINDE COWL
BY JENNYCO DESIGN

WHERE IS THE PATTERN AVAILABLE?
Ravelry

WHAT YARN DID YOU USE?



INFORMATION FOR SHOW & TELL
PLEASE PRINT

YOUR NAME: SANDY

PATTERN NAME: SALUN

WHERE IS THE PATTERN AVAILABLE?
Ravelry

WHAT YARN DID YOU USE?



Happy Birthday!

April Birthdays:
Judith Bither

Take a dive under the sea!

In partnership with Coral Knit Fiber Arts, the Willamette Heritage Center is headed under the sea with a walk-through, "underwater" PNW Coral Reef Project textile exhibit. Community-made crocheted and knitted creations feature healthy and bleached corals and marine animals. The display, on exhibit through June 22, showcases the beauty and diversity of the undersea world while engaging in a conversation about the health and importance of the world's coral reefs. Back on the surface, explore artifacts and stories documenting the long history of connection between Mid-Willamette Valley residents and businesses and the sea.



April 13 Meeting

The program for our April 13 meeting will include half of us viewing the coral reef project while the other half watches a movie on the rich and diverse history of the Willamette Heritage Center. Several of our Guild members knit parts of the Coral Reef.

About Us:

We are a knitting guild in Salem, OR. We are open to all levels of knitters and genders and would love to have you come visit.

We meet on the second Saturday of each month at the [Willamette Heritage Center](#) (aka Mission Mill); time: 10am-noon.

We have programs or speakers or fun things to learn at each of our meetings!

We also have show and tell time to let everyone see what you have been working on. For more information, contact us at SalemKnitters@outlook.com or visit:



salemstreamknitting.com